

# **Breakfast Values** \$10.00

Coffee included only with Continental

#### **Classic Continental**

Toast or pastry | cup of fruit | juice | coffee or tea

#### **Old Fashioned Pancakes**

3 plain buttermilk or blueberry pancakes | fresh fruit

#### **Cinnamon Raisin French Toast**

Cinnamon raisin challah bread | house-made whipped cream | seasonal berries

**Diced Ham Scramble** No Substitutions Please

2 eggs | ham | cheese | toast

# **Chef's Quiche**

House-made quiche | breakfast potatoes

### **Belgian Waffle**

House-made whipped cream | seasonal berries

# **House Granola and Yogurt**

Vanilla yogurt | granola | seasonal berries

#### **Classic Oatmeal**

Seasonal berries | brown sugar | raisins

# **Breakfast Specialties \$15.00**

Coffee only included on Classic American Breakfast

#### **Traditional Benedict**

English muffin | Canadian bacon | hollandaise | breakfast potatoes

# **Pepe's Egg White Benedict**

English muffin|avocado |spinach |
Swiss cheese|fresh fruit
a healthier alternative

### **California Benedict**

Wheat toast | avocado | smoked salmon | | hollandaise | pico de gallo | breakfast potatoes

#### Classic American Breakfast \*GFA

2 eggs | choice of bacon/ ham/sausage | breakfast potatoes | coffee or juice | toast, pancakes, pastry or waffle

#### **Build Your Own Omelet \*GFA**

3 eggs | toast | breakfast potatoes Choice of **three** items: onions/ peppers/ tomatoes/ mushrooms/ spinach/ ham/ sausage/ bacon/ chorizo/ cheddar/ Swiss/ jack/ American cheese/avocado/ sour cream/ salsa/ hollandaise sauce Additional items \$.50 each

#### **Country Fried Steak**

2 eggs | country style gravy| breakfast potatoes | toast

#### Chicken & Waffle

2 boneless chicken tenders | whipped butter | warm syrup

#### **Corned Beef Hash \***GFA

2 eggs | breakfast potatoes | toast

#### **Toasted Croissant Sandwich**

2 eggs | American cheese | choice of ham/sausage/ bacon | breakfast potatoes

#### **Vegetable Frittata \****GFA*

3 eggs | onions | peppers | tomatoes | mushrooms | spinach | lightly dressed arugula | balsamic reduction | toast

### **California Breakfast Burrito**

Flour tortilla | scrambled eggs | potatoes | avocado | cheddar & jack cheese | choice of bacon/ham/ sausage | side of fresh salsa | fresh fruit

#### **Breakfast Quesadilla**

Flour tortilla | scrambled eggs | cheddar & jack cheese | avocado | choice of ham/sausage/bacon | pico de gallo | fresh fruit

### Machaca Scramble \*GFA

Shredded beef | peppers | onions | eggs | cheddar & jack cheese | breakfast potatoes | roasted tomato salsa corn or flour tortilla



# A La Carte

1 Egg \$3 | 2 Eggs *gf* \$6 Toast \$3

Side of Bacon/ Ham/ Sausage/Turkey Sausage *gf* \$5 One Slice of Cinnamon Raisin French Toast \$6

Breakfast Potatoes *qf* \$4 \*add berries & house-made whipped cream \$1.25

Bowl of Fruit *gf* \$6 Assorted Pastries \$3.25

Cup of Yogurt *gf* \$3 Biscuit and Gravy \$5

2 Pancakes Plain or Blueberry \$6 Avocado \$1.25

Assorted Cold Cereals with Milk \$6 Bagel and Cream Cheese \$5

gf = gluten free

# **Beverages**

Fresh Brewed Iced Tea, Coffee, Hot Tea, Hot Chocolate \$3

Cold Brew Coffee \$4.00

Juice: Small \$3.00 | Large \$ 5.00

Apple | Tomato | Orange | Cranberry | Pineapple | Grapefruit

Fountain Sodas \$3.00

Coke | Diet Coke | Sprite | Root Beer | Lemonade | Dr. Pepper

**Bottled Water** 

Acqua Panna 1L \$5 San Pellegrino 500ml \$4 | 1L \$6

# **Cocktails**

Mimosa \$7

Orange juice | Hibiscus | Sunset (hibiscus & orange)

Mimosa by the Bottle \$24

Sparkling Wine | choice of juice

**Blue Wave Bloody Mary \$11** 

Stoli jalapeño vodka | house-made bloody mix | house pickled veggies | bacon-salt rim

**Blood Orange Screwdriver \$11** 

Tito's vodka gf | blood orange juice | rosemary simple syrup | sparkling water

**Irish Coffee** \$11

Jameson Irish whiskey | coffee | brown sugar | fresh whip

# LOUNGE

# FOR THE TABLE

# DUCK CONFIT QUESADILLA

flour tortillas filled with oaxaca cheese and tender duck, topped with guacamole, pico de gallo, and balsamic reduction \$14.00

# CAMPECHANA COCTEL GE

mexican style seafood cocktail with shrimp, crab, avocado, and paprika dusted tortilla chips \$15.00

# COCONUT CRUSTED CALAMARI

coconut and panko breaded calamari steak strips served with sweet chile sesame dipping sauce \$12.00

# HAWAIIAN FRESH AHI NAPOLEON

fresh sashimi style ahi tuna layered with sweet onion, avocado, macadamia nut, and seaweed salad. served with wasabi aioli, sesame ponzu vinaigrette, and wonton chips \$16.00

# BLUE CRAB GUACAMOLE 🚥

blue crab salad served over house-made guacamole with paprika dusted tortilla chips \$14.00

# ROASTED JALAPENO HUMMUS 🛡

roasted jalapeno and cilantro spiked hummus with crudite vegetables and grilled pita bread \$12.00

# BEER BATTERED ONION RINGS 🛡

Thorn St. Lager battered onion rings. served with golden bbq dipping sauce \$10.00

# JUMBO LUMP CRAB CAKE

served with Cajun spiced remoulade and mixed green salad \$15.00

# - SWEETS \$8 -

VANILLA BEAN PANNA COTTA GF

CARAMELIZED APPLE BREAD PUDDING \*\*

NY STYLE CHEESECAKE V

FLOURLESS CHOCOLATE
TORTE GF W

# **SOUPS & SALADS**

# CLAM CHOWDER \$6.00/\$9.00 New England style served as a cup or bowl SOUP OF THE DAY \$5.00/\$8.00 Chef's choice served as a cup or bowl MIXED GREENS SALAD 📴 👽 \$8.00 mixed greens, tomato, cucumber, carrot, gorgonzola, cranberry, candied walnut, balsamic vinaigrette CHOPPED STEAK SALAD \$17.00 romaine, iceberg, spinach, beets, boiled egg, herbed crouton, horseradish cream & steakhouse dressing GRILLED SHRIMP WEDGE GE \$18.00 topped with grape tomato, gorgonzola, onion, dill, everything spice, bacon, and ranch SALMON CAESAR SALAD \$16.00 romaine heart, herbed crouton, shredded parmesan, caesar dressing LOCAL FAVORITES available side choices are French fries, chopped fruit, or mixed greens CALIFORNIA RUEBEN \$15.00 toasted rye bread, sliced turkey, avocado, swiss, sauerkraut, and 1000 island dressing, choice of side CAVATAPPI BOLOGNESE \$16.00 Italian sausage and ground beef pomodoro sauce with dressed rocket arugula and herbed ricotta GRILLED CATCH TORTA \$16.00 local catch, lettuce, tomato, onion, guacamole, and mayo on a toasted torta. choice of side EGG SALAD SANDWICH V \$14.00 generous serving of classic egg salad on fluffy white bread. choice of side GRILLED FISH TACOS \$15.00 achiote marinated fish in local corn tortillas, Oaxaca cheese, jalapeno cilantro creme, and

FISH AND CHIPS \$15.00

Thorn St. Lager battered cod served with French fries, cole slaw, and tartar sauce

tropical salsa. choice of side

LOCAL CATCH \$16.00

mashed potato, seasonal veggies, and goat cheese romesco

4-cheese mac n cheese and steamed broccoli

BBQ BEEF SHORTRIB \$18.00

BLUE WAVE WAGYU BURGER \$17.00

8 oz patty, brioche bun, caramelized onion, lettuce, tomato, pickle chips, and 1000 island. choice of side

JOIN US IN THE BAR DAILY FROM 4PM-7PM FOR HAPPY HOUR FOOD AND DRINK SPECIALS

# THE BLUE WAVE BAR & GRILL HAPPY HOUR

LOBSTER NACHOS \$15

BREADED CLAM STRIPS \$8

CHOWDER FRIES \$6

BUFFALO WINGS \$7

FRIED PICKLE MIX \$8

WELL DRINKS \$6
DRAFT BEERS \$6
DOMESTIC BEERS \$5
HOUSE WINES \$6

Available Daily 4pm-7pm in the Blue Wave Bar and Bar Patio

# THE BLUE WAVE BAR & GRILL HAPPY HOUR

LOBSTER NACHOS \$15

BREADED CLAM STRIPS \$8

CHOWDER FRIES \$6

BUFFALO WINGS \$7

FRIED PICKLE MIX \$8

WELL DRINKS \$6
DRAFT BEERS \$6
DOMESTIC BEERS \$5
HOUSE WINES \$6

**Available Daily 4pm-7pm** in the Blue Wave Bar and Bar Patio

# THE BLUE WAVE BAR & GRILL HAPPY HOUR

LOBSTER NACHOS \$15

BREADED CLAM STRIPS \$8

CHOWDER FRIES \$6

BUFFALO WINGS \$7

FRIED PICKLE MIX \$8

WELL DRINKS \$6
DRAFT BEERS \$6
DOMESTIC BEERS \$5
HOUSE WINES \$6

Available Daily 4pm-7pm in the Blue Wave Bar and Bar Patio

# THE BLUE WAVE BAR & GRILL HAPPY HOUR

LOBSTER NACHOS \$15
BREADED CLAM STRIPS \$8
CHOWDER FRIES \$6
BUFFALO WINGS \$7
FRIED PICKLE MIX \$8

WELL DRINKS \$6
DRAFT BEERS \$6
DOMESTIC BEERS \$5
HOUSE WINES \$6

Available Daily 4pm-7pm in the Blue Wave Bar and Bar Patio

# THE BLUE WAVE BAR & GRILL $HAPPY\ HOUR$

LOBSTER NACHOS \$15
BREADED CLAM STRIPS \$8
CHOWDER FRIES \$6
BUFFALO WINGS \$7
FRIED PICKLE MIX \$8

WELL DRINKS \$6
DRAFT BEERS \$6
DOMESTIC BEERS \$5
HOUSE WINES \$6

Available Daily 4pm-7pm in the Blue Wave Bar and Bar Patio

# THE BLUE WAVE BAR & GRILL HAPPY HOUR

LOBSTER NACHOS \$15

BREADED CLAM STRIPS \$8

CHOWDER FRIES \$6

BUFFALO WINGS \$7

FRIED PICKLE MIX \$8

WELL DRINKS \$6
DRAFT BEERS \$6
DOMESTIC BEERS \$5
HOUSE WINES \$6

Available Daily 4pm-7pm in the Blue Wave Bar and Bar Patio

# THE BLUE WAVE BAR & GRILL HAPPY HOUR

LOBSTER NACHOS \$15

BREADED CLAM STRIPS \$8

CHOWDER FRIES \$6

BUFFALO WINGS \$7

FRIED PICKLE MIX \$8

WELL DRINKS \$6
DRAFT BEERS \$6
DOMESTIC BEERS \$5
HOUSE WINES \$6

Available Daily 4pm-7pm in the Blue Wave Bar and Bar Patio

# THE BLUE WAVE BAR & GRILL HAPPY HOUR

LOBSTER NACHOS \$15

BREADED CLAM STRIPS \$8

CHOWDER FRIES \$6

BUFFALO WINGS \$7

FRIED PICKLE MIX \$8

WELL DRINKS \$6
DRAFT BEERS \$6
DOMESTIC BEERS \$5
HOUSE WINES \$6

**Available Daily 4pm-7pm** in the Blue Wave Bar and Bar Patio

# DINNER

## **SOUP & SALADS**

# CLAM CHOWDER

new england style chowder served in a cup or bowl

\$6.00/\$9.00

#### SOUP OF THE DAY

Chef's choice served in a cup or bowl \$5.00/\$8.00

### MIXED GREENS SALAD **V** GF



mixed greens, tomato, cucumber, carrot, gorgonzola, cranberry, candied walnut, balsamic vinaigrette \$8.00

## CHOPPED HOUSE SALAD

romaine, iceberg, spinach, beets, boiled egg, herbed crouton, horseradish cream & steakhouse dressing \$9.00

# BABY WEDGE SALAD GE

grape tomato, gorgonzola, onion, bacon, dill, everything spice, balsamic reduction & ranch \$10.00

# CAESAR SALAD

romaine heart, herbed crouton, shredded parmesan, caesar dressing \$8.00

- SIDES \$6 -

MAC & CHEESE V

MUSHROOM RISOTTO VGF



GARLIC GREEN BEANS W GF



ROMESCO GRILLED ASPARAGUS V

GARLIC PARM FRIES VGF



# FOR THE TABLE

# DUCK CONFIT OUESADILLA

two flour tortillas filled with melted oaxaca cheese & tender duck, topped with house-made guacamole, pico de gallo, & balsamic reduction \$14.00

# CAMPECHANA COCTEL GE



mexican style seafood cocktail with shrimp, crab, avocado, & paprika dusted tortilla chips \$15.00

ROASTED BRUSSEL SPROUTS 65 brussel sprouts roasted with caramelized onion, pancetta, & balsamic reduction \$11.00

### HAWAIIAN FRESH AHI NAPOLEON

fresh sashimi style ahi tuna layered with sweet onion, avocado, toasted macadamia nut, & seaweed salad. served with wasabi aioli, sesame ponzu vinaigrette, & crispy wonton chips \$16.00

## BLUE CRAB GUACAMOLE GE



blue crab salad served over house-made quacamole with paprika dusted tortilla chips \$14.00

# ROASTED JALAPENO HUMMUS

roasted jalapeno & cilantro spiked hummus with crudite vegetables & grilled pita bread \$12.00

# BEER BATTERED ONION RINGS

Thorn St. Lager battered red onion rings served with golden bbg dipping sauce \$10.00

# JUMBO LUMP CRAB CAKE

served with cajun spiced remoulade & mixed greens salad \$15.00

# COCONUT CRUSTED CALAMARI

coconut & panko breaded calamari steak strips served with sweet chile sesame dipping sauce \$12.00

Consuming raw or undercooked meats, poultry, seafood, shellfish, eggs or unpasteurized milk may increase your risk of foodborne illness

# MAINS

### FROM THE RANCH

### FILET MIGNON

mashed yukon gold potato, grilled asparagus and baby carrot, green peppercorn demi-glace, & crispy onion strings \$32.00

## BRICK ROASTED CHICKEN

free range chicken with forest mushroom risotto, shaved brussel sprouts & balsamic reduction \$24.00

# BEER BRAISED SHORT RIB

buttered papardelle pasta, sauteed forest mushrooms & herbed creme fraiche \$28.00

## FRIED CHICKEN DINNER

mashed yukon gold potato, garlic green beans, country gravy & buttermilk biscuit \$22.00

## CAVATAPPI BOLOGNESE

Italian sausage & ground wagyu beef pomodoro sauce served with dressed rocket arugula & herbed ricotta \$24.00

## CRISPY PORK SHANK

served with hapa rice, garlic green beans, & sweet chile sesame dipping sauce \$26.00

# WINTER SQUASH CARBONARA

pancetta, fried sage, butternut squash puree, linguine, & shredded parmesan cheese \$22.00

## GROWN FOLK MAC & CHEESE

pancetta, duck confit, cavatappi pasta, tomato, caramelized onion, spinach & herbed panko topping

\$24.00

# HERB ROASTED VEGETABLE GRAIN BOWL VG

cauliflower, beets, zuchinni squash, mushrooms, tomato, roasted jalapeno & cilantro spiked hummus over hapa rice \$20.00

# **GE** gluten free **V** vegetarian, may contain eggs or cheese

### FROM THE SEA

## GRILLED SALMONG

served over white bean ragout with balsamic reduction & basil chiffonade \$26.00

### SWORDFISH PICCATA

mashed yukon gold potato, sauteed local greens, lemon caper pan made beurre blanc. \$28.00

# MISO GLAZED SEABASS GF served over steamed hapa rice & herb-roasted market vegetables \$28.00

# SCALLOPS GF

butternut squash puree, shaved sauteed brussel sprouts with crispy pancetta, pumpkin seed pesto \$30.00

# LINGUINE AND CLAMS

Baby clams steamed with white wine, garlic, shallot, parsley, & butter.

\$24.00

### GARLIC BUTTERED SHRIMP

seasoned flour dusted shrimp sauteed with garlic and clarified butter served with hapa rice & garlic green beans

\$24.00

# - SWEETS \$8 -

VANILLA BEAN GF PANNA COTTA

MEXICAN 🍑 GF CHOCOLATE POT DE CREME

CARAMELIZED APPLE **V**BREAD PUDDING

NY STYLE **V** CHEESECAKE

FLOURLESS **V** GF CHOCOLATE TORTE

# Kid's Menu

Children 12 & Under all choices served with fresh fruit or french fries

402 CHEESE BURGER

KRAFT MACARONI & CHEESE

CHICKEN STRIPS

CHEESE PIZZA

\$8.00



# THE BLUE WAVE BAR & GRILL

# Kid's Menu

Children 12 & Under all choices served with fresh fruit or french fries

402 CHEESE BURGER

KRAFT MAC N' CHEESE

CHICKEN STRIPS

CHEESE PIZZA

\$8.00



# Kid's Menu

Children 12 & Under available during breakfast hours only

2 PANCAKES PLAIN BUTTERMILK OR BLUEBERRY

2 EGGS & POTATOES

FRUIT & YOGURT

OATMEAL BROWN SUGAR, RAISINS, AND FRESH BERRIES

\$7.00

BLUE WAVE BAR & GRILL

# THE BLUE WAVE BAR & GRILL Kid's Menu

Children 12 & Under available during breakfast hours only

2 PANCAKES PLAIN BUTTERMILK OR BLUEBERRY

2 EGGS & POTATOES

FRUIT & YOGURT
FRESH FRUIT WITH VANILLA YOGURT

OATMEAL BROWN SUGAR, RAISINS, AND FRESH BERRIES

\$7.00





# SPARKLING WINE

Banfi Maschio Prosecco, Treviso DOC, *Italy* (Split) 8 Gloria Ferrer, Va Di Vi Ultra Cuvee, *Sonoma* 40 Domaine Carneros by Tattinger, Brut, *Napa* 60

## SAUVIGNON BLANC

Bliss Family Vineyards, *Mendecino*\* 8/30 Oyster Bay, *Marlborough, New Zealand* 9/32 Drylands, *Marlborough, New Zealand* 36

# **CHARDONNAY**

Bliss Family Vineyards, *Mendocino\** 8/30 Kendall-Jackson Vintners Reserve, *California* 10/36 Keenan, Napa Valley, *Spring Mountain District\** 13/50 La Crema, *Sonoma Coast* 15/56 Frank Family Vineyards, *Napa Valley, Carneros\** 68

# **OTHER WHITES**

Mezzacorona Pinot Grigio, *Italy* 8/30 Chateau Ste. Michelle Riesling, *Columbia Valley* 8/30 Rosatello Moscato, *Italy* 9/32 Belleruche Cotes-Du-Rhone Rose, *France* 11/40

## CABERNET SAUVIGNON

Bliss Family Vineyards, *Mendocino\** 8/30
Kendall-Jackson Vitners Rserve, *California* 12/44
Keenan, Napa Valley, *Spring Mountain District\** 16/60
Justin Vineyards, *Paso Robles* 62
Frank Family Vineyards, *Napa Valley, Carneros\** 75

# **ZINFANDEL**

The Federalist, *Lodi* 9/32 Frank Family Vineyards, *Napa Valley, Carneros\** 68

#### **MERLOT**

Bliss Family Vineyards, *Mendocino\** 8/30 Paso Creek, *Paso Robles* 11/40 Kendall-Jackson Vintners Reserve, *California* 11/40 St. Francis, *Napa* 44

## PINOT NOIR

Bliss Family Vineyards, *Mendocino*\*

La Crema, *Monterey*Greg Norman, *Santa Barbara*Chateau Ste. Jean, *Sonoma*8/30

12/44

10/36

# **OTHER REDS**

Brutocao Torrent Red, *Mendocino\** 10/36
Broquel, Malbec, *Argentina* 12/44
Estancia, Meritage, *Paso Robles* 62
Frank Family Vineyards, Petite Syrah, Napa Valley 68

# DRAFT BEERS

.394 Pale Ale AleSmith Brewing Co. Torero Blue Blonde Ale Absolution Brewing Co. Nut Brown AleSmith Brewing Co. Chronic Amber Ale Pizza Port Brewing Co. Orange Ave. Wit Coronado Brewing Co. Sculpin IPA Ballast Point Brewing Co. Delicious IPA Stone Brewing Co. Yeti Imperial Stout Great Divide Brewing Co. Barrio Lager Thorn Street Brewing Co.	ABV 6.0 5.0 5.0 4.9 5.2 7.0 7.7 9.5 4.5	1BU 13 15 12 30 15 70 75 75	\$ 8 8 8 8 8 8 8 8 8 8 8 8 8 8 8 8 8 8 8	
--	--	---	--	--

# BOTTLED BEVERAGES

Miller Lite Budweiser Bud Light Stella Artois Coors light Michelob Ultra Heineken Modelo Modelo Negra Corona Pacifico White Claw Anthem Craft Cider Flying Embers Kombucha	ABV 4.2 5.0 4.2 5.0 4.2 4.2 5.4 4.5 5.4 4.6 4.5 5.0 5.5 7.0	\$ 6 6 6 6 6 6 6 6 6 6 6 6 6 6 6 6 6 6 6
--	---	--

# NON-ALCOHOLIC

St. Pauli Girl	\$6
Becks	\$6